

Brain Boosters for Your Kids

Announces a New TeleClass in 2008
for Teachers and Other Professionals Who Work with Children

“They’re Driving Me Crazy: How to Manage ADHD at School”

Class Goal: To introduce students to concepts, research, and information about ADD and ADHD. To provide practical, effective classroom strategies for managing ADD and ADHD. To discuss factors often confused with ADD and ADHD (junk food, stress, too much TV, too little sleep). To help students find non-invasive, non-diagnostic ways to suggest how parents can help manage ADHD and ADHD-like behaviors including hyperactivity, impulsivity, disinterest, and lack of focus.

Instructor: Dr. MaryJo Wagner

University credit: University of Colorado at Denver

Credit Hours: ½ credit (.5)

Contact Hours: Six (taught over four 90-minute sessions) plus a final Q & A session not counted toward the credit.

Method of Instruction: TeleClass and/or Web Audio

Materials: 72 page workbook and resource list (downloadable from the Web, one section per session)

Cost: \$127

Homework: Homework is suggested for all students and found in the Workbook. However, students attending the class via Web audio and not present on the TeleClass are required to submit homework to Dr. Wagner when they’ve finished all four sessions.

For more information, contact Dr. Wagner at 970-963-4077 or email her at mjw@mjwagner.com. View her website at <http://www.ADHDCChildrenToday.com>

Dr. Wagner also teaches Brain Gym® Basics as a TeleClass with credit offered from the University of Colorado at Denver. In addition, she also offers both “How to manage ADHD in the Classroom,” and a variety of Brain Gym workshops and teacher in-services. Contact Dr. Wagner for more information. View her Brain Gym website for class and in-service information at <http://www.BrainGymClasses.com/classschedule.htm>